



## Guide to Covid-19 volunteering

Thank you for getting in touch, it is fantastic that you want to volunteer.

Before volunteering please make sure that you are aware of the latest government information and guidance on Covid-19 and take all possible precautions to protect yourself and the wider community. [www.nhs.uk/conditions/coronavirus-covid-19](http://www.nhs.uk/conditions/coronavirus-covid-19)

### 1. Support your family, friends and neighbours in your community

Wherever possible people who are self-isolating are being encouraged to ask for help from family, friends, and neighbours. We would encourage everyone who can help others to let their family, friends and neighbours know if they are available and what they can do to help. This frees up valuable time and resources that can then be used to support other people.

<https://www.northyorks.gov.uk/how-you-can-help-during-coronavirus-covid-19>

### 2. Register with community organisations in your local area for volunteering

If you have more time, you could offer to volunteer for a local community support group. A network of 23 community support organisations across the county are bringing together those who can offer help to people who need it, at a local level.

Find contact details of community support organisations operating in your district:

<https://www.northyorks.gov.uk/how-you-can-help-during-coronavirus-covid-19>

### 3. Register as a volunteer in North Yorkshire

You can register as a volunteer on Community First Yorkshire's volunteering platform Volunteering in North Yorkshire (VINY). Charities and organisations across North Yorkshire will be advertising individual volunteer opportunities, you can search through these opportunities to find volunteering local to you [www.volunteeringinnorthyorkshire.org.uk](http://www.volunteeringinnorthyorkshire.org.uk)

### 4. Join your local Covid-19 Mutual Aid group

A number of community groups called Covid-19 Mutual Aid groups have been set up across the country they are central points of contact within communities. You can find the nearest one to you by clicking <https://covidmutualaid.org/local-groups> and zoom into the map.

### 4. I already volunteer

If you already volunteer for an organisation but are unable to carry out your normal volunteer role, is there something else you can do for them? Many charities are looking at how they can continue their vital work with volunteering from home, working with other local organisations and continuing to engage the public with their work through social media.

### 6. Sign up to be an NHS responder

The NHS are again using the NHS Good Sam app to find volunteers to support with set tasks in their communities. For further information please visit

<https://www.goodsamapp.org/NHS>

## **5. What else can I do to support my community?**

To support local organisations you can donate to Two Ridings Community Fund. They have launched a Coronavirus Community Fund to support people in North & East Yorkshire and welcome donations [www.tworidingscf.org.uk/donate](http://www.tworidingscf.org.uk/donate)

To support national efforts, The National Emergencies Trust (NET) has launched a fundraising appeal to help those most affected by coronavirus, you can donate via their website <https://nationalemergenciestrust.org.uk/coronavirus>

### **Further information and updates**

Finally the Community First Yorkshire webpage is updated daily with the latest developments and guidance relating to communities and volunteering

<https://communityfirstyorkshire.org.uk/coronavirus>

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