

Community Mental Health Transformation

Improving the lives of people with mental illness

Transforming Community Mental Health Services in Scarborough, Whitby & Ryedale

Access and Connect Grant Fund 2022/23

An opportunity to try to improve the quality of life for people with a serious mental illness, or people at risk of developing a serious mental illness, in Scarborough, Whitby and Ryedale (SWR) through access to early support from a variety of services.

Grant Specification and Guidance

Introduction

Funding has been made available by NHS England until March 2024 as part of the national Transforming Community Mental Health Programme.

This six-minute video explains the Community Mental Health Transformation and the differences the funding will make. <https://www.youtube.com/watch?v=8x-WxYcSBo8>

For the Scarborough, Whitby and Ryedale (SWR) area the **Access and Connect Fund** has been established to test out new ways of involving people with lived experience and local partners in developing new approaches that improve access to local support for people living with a serious mental illness (SMI)¹ and their Carers.

This opportunity is about encouraging applications that are exploratory, creative and transformational with an emphasis on learning through doing. What this means in practice is that applicants are encouraged to think, connect and act beyond their organisational boundaries as part of the SWR transformation. Each successfully funded project will be trialling and prototyping approaches that will inform the development of a new transformational “SWR Community Mental Health Services Model”.

The fund has a total budget of **£200,000** and is open for grant applications from local voluntary and community organisations, social enterprises, sole-traders, and lived experience initiatives. Two levels of grants are available:

Large Grants

Grants of between **£2,000 and £30,000** are available for established VCSE sector organisations. We are encouraging organisations to work in partnership, both with each other and with smaller grass roots groups in their areas.

The budget allocation for large grants is **£180,000**.

More information can be found in section 4b of this guidance.

Small Grants

Grants of between **£500 and £2,000** are available for local grass roots groups, micro-enterprises, start-ups and for lived experience initiatives.

The budget allocation for small grants is **£20,000**.

More information can be found in section 4c of this guidance.

¹ Our working definition of serious mental illness (SMI) is:

SMI is an umbrella term that covers a range of needs and diagnoses including, but not limited to psychosis, bipolar disorder, and personality disorder diagnosis, eating disorders, severe depression and mental health rehabilitation needs – some of which may co-exist with other conditions such as frailty, cognitive impairments, neurodevelopmental conditions or substance misuse.

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1. Introducing the SWR Mental Health Task and Finish Group

A North Yorkshire and York Leadership Alliance has been established to manage the national investment and deliver transformation in North Yorkshire and York who have put in place five local delivery partnerships.

The SWR group covers the South & East Ryedale, Scarborough and Whitby localities in North Yorkshire, an area of truly diverse health needs. Membership of the group comprises people with lived experience, local voluntary sector, public sector and NHS. The purpose of the group is to help deliver the national ambition to transform community mental health services over a ten-year period as described in the NHS Long Term Plan.

The group provides the initial control and direction for the development of a new local “SWR Mental Health Services Model” for Scarborough, Whitby and Ryedale with the aim of improving access to local support for people with a SMI where they live. This will include clinical support (for example through local GP practices) and community based support through the creation of Community Mental Health Hubs to bring together a variety of local services and organisations in a physical and / or a virtual space.

2. The SWR Ambitions

Our ambitions for people with a SMI or at risk of developing a SMI is for:

Improved and easy access to mental health support/help within local communities

A warm welcome – ‘no wrong door’ - and a person centred approach.

A strengths-based approach that builds on or improves local community assets.

Improved collaborative working culture that increases connectedness and allows opportunities for resource sharing and co-locating staff.

Improved quality of life of people with an SMI, including support for individuals to contribute to and participate in their communities as fully as possible and to create or fulfil their individual hopes and aspirations.

Improved continuity of care and ensuring there is “no cliff-edge” in terms of community and clinical support.

Working towards developing a more flexible system that proactively responds to ongoing and changing care needs across sectors.

Working collaboratively across statutory (NHS, Local Authority) and non-statutory (Voluntary, Community, Faith Groups and Social Enterprises) organisations within the local health and care system, to tackle health inequalities and address the wider social factors which impact mental ill health.

Contributing to the development of a model of care based on inclusivity, particularly for people with co-existing, complex needs, who experience marginalisation.

3. The SWR Outcomes

The SWR group agreed a set of ten outcomes in September 2022. This fund is looking for projects to help deliver outcomes 1-8.

Outcome	
1	Provision and maintenance of quality and consistent information about local services, their capacity, and how and where to access or introduce to them.
2	Expanded range of locally accessible, co-created services which enable people with SMI to ‘wait well’ whilst accessing longer-term support.
3	Develop greater awareness within the wider community of the needs of people with SMI, including being more confident in speaking with them and offering initial support or help accessing services. Identifying and meeting different communication needs to achieve this.
4	Diversely advertised access to information about services - and how they can meet peoples’ needs - within community settings that are closer to where they live and work.
5	Support and recognition for unpaid and/or unrecognised carers, resulting in improved outcomes for those they support, and reducing negative impact on their own wellbeing.
6	Improved community based therapeutic services offer that enables greater equity of access.
7	Provision of access locally to a trusted person who can help people with SMI navigate and benefit from services.
8	Develop an improved understanding of the needs of service users, staff and volunteers, in relation to the development of a Community Mental Health ‘Hub’.
9	Improved governance for the SWR Community Mental Health Care Model, including new co-created Terms of Reference that enable greater clarity, equity and efficiency of decision making.
10	Appropriate resources for the VCS sector to enable the governance development work.

NHSE Reporting Requirements

As a condition of the funding made available by NHS England for this programme, all local place based partnerships will be required to report on the following:

1. Good practice examples to illustrate how delivery of community transformation is having a positive impact for people with mental health needs (this can include testimonials, or quotes from service users or carers).
2. The total number of adults that received 2+ contacts in the new integrated model across the core and dedicated service provision including primary care, VCSE and mental health services.
 - a. The number of those outlined in Q2 were in a dedicated adult eating disorder pathway or service provision.
 - b. The number of those outlined in Q2 were in a dedicated personality disorder pathway or service provision.
 - c. The number of those outlined in Q2 were in a dedicated community rehabilitation pathway or service provision.

4. Connecting local people to support in their communities

The SWR Mental Health Group wishes to invest in a range of large and small pilot approaches that will enable people with a serious mental illness to more easily access information and early support locally.

a. Our Funding Priorities

Applications to this fund should aim to develop and deliver projects that meet one or more of our funding priorities:

1. Mapping existing services (not being directly covered by this grant round)
2. Creation of community hubs
3. Creation of 'Pop Up' hubs
4. Improving rural transport provision
5. Improving Physical health
6. Comfort calls

b. Large Grants Criteria

Applications for funding are sought from locally based and rooted voluntary and community sector organisations. You must be able to demonstrate that you will work together with partners, to design, develop, and test creative ways of working that enable people with a SMI and their carers to live well and to better connect with local services and opportunities that enable them to remain well in both urban and rural settings by 2024.

Pilot funding of between £2,000 and £30,000 is available for up to 12 months to test out new voluntary sector approaches - or to enhance existing provision. With enhancements, it will be important that applicants can demonstrate the additional value delivered by their proposals.

We are keen to encourage innovation in all its forms, our working definition of innovation includes:

- Improving things to sustain existing provision;
- Developing and delivering new approaches;
- Incremental improvement in impactful services and opportunities.

To help to ensure we have projects across the whole area, four distinct localities have been identified:

1. Scarborough Core Primary Care Network area
2. Filey and Scarborough Primary Care Network area
3. North Riding Primary Care Network area
4. Whitby, Coast and Moors Primary Care Network area

This link sets out which GP practices are contained within each PCN area:

<https://northyorkshireccg.nhs.uk/about/member-gp-practices/primary-care-networks/>

You can apply for a grant for projects that will operate in either one or multiple localities.

As part of our overall ambition for an ‘improved collaborative working culture’, we are keen to encourage applications from partnerships or consortia of organisations. If you are interested in submitting a partnership proposal this should be from a named lead partner from the Voluntary, Community and Social Enterprise sector.

All applications should be made using the **Access & Connect - Large Grants Application Form**.

c. Small Grants Criteria

We would also like to use some of this funding to encourage projects and ideas from smaller grass roots groups or from individuals who have a new idea or concept they wish to test out with others within one or more of the localities.

A budget of £20,000 has been ring-fenced for project ideas from organisations such as community groups, new start-up companies, micro-enterprises, sole-traders and from an individual (s) with lived experience.

Here applications of between £200 and £2,000 are available. Projects can operate in one or more of the localities listed above and should contribute to the delivery of our funding priorities outlined in section 4a above.

Applications for Small Grants should be made using the **Access & Connect – Expression of Interest Form**.

If your idea is not yet fully formed, it is still worth submitting an Expression of Interest form. Someone from the team will then contact you to talk your ideas through with you including any additional information we might need, or help and support you may need to get the idea off the ground.

5. Examples of the types of activities that could be funded

We are keen to hear your ideas for how our desired outcomes can be delivered.

Below are some examples of the type of activities that could help deliver the ambitions and outcomes outlined above.

- Enhancing community and Voluntary Sector provision supporting people with a SMI or at risk of SMI and their carers
- Provision of spaces that engage clinical mental health professionals
- Therapeutic interventions which benefit people with a serious mental illness
- Consideration and development of hubs that meet local need and geography best which may include; virtual hubs, pop-up hubs, rural hubs, clinical / non-clinical settings, co-location of relevant staff, activity and resources
- Peer to peer support approaches
- Asset mapping and scoping and evaluating approaches and interventions that will provide learning for the future (to be commissioned separately to this grant round)
- Development and coordination of local collaborative approaches that deliver the outcomes listed in this application.
- Applications are invited from voluntary and community sector organisations based or delivering services in the SWR area.

6. Grant Criteria

- a. The funding may be used to deliver a project based in any of the localities outlined in section 4 above.
- b. You may submit applications for projects that can be delivered in more than one locality however, the purpose of this fund is to both test different approaches and to reflect and respond to the distinctive needs and assets in each locality where pilots take place. Therefore, although the core vision and principles for your proposal may be the same for multiple localities, the specific delivery objectives being trialled should be distinctive for each of the localities being applied for.
- c. You may also apply for more than one project in a locality. However, a separate form should be completed for each bid.
- d. Large Grant applications are welcomed from both single organisations and from partnerships or consortia. If an application for a Large Grant comes from a partnership or consortia, a supportive host organisation should be clearly identified to be the lead accountable body. This host should also facilitate the inclusion of smaller grass-roots organisations.
- e. All applicants should demonstrate their willingness to work collaboratively with a wide range of partner agencies (statutory and non-statutory) operating in their chosen locality.
- f. Your project idea should be developed using the principles of inclusivity and collaboration including the active engagement of people with lived experience including carers.
- g. The pilot should operate for 12 months but with the potential to be extended subject to satisfactory outcome measurement and performance.

7. Eligibility Criteria

a. Large Grants

- i. Applications are open to any 'not for profit' organisation operating anywhere in the SWR area that is able to demonstrate a minimum of 3 years of operation.
- ii. If you are NOT a registered charity, you may still apply, but you must have a bank account and a minimum of three unrelated members on your management committee.
- iii. Detail of Previous Experience: it is preferable that applicants will have experience of:
 - Working in collaboration with a range of partners (informally and formally)
 - Working with the specified cohort of individuals
 - Delivering services within the chosen locality
- iv. It is essential that applicants have the following policies and procedures in place:
 - Safeguarding Policy and Protocol
 - Data Governance and Privacy Policies and Procedures
 - Risk assessments, including where relevant Covid safe operating procedures

b. Small Grants

- i. Small grants are open to a broader range of applicants including both existing and new community groups, new start-ups, micro-enterprises, sole-traders and for individual(s) with lived experience who perhaps have a totally new idea or concept they wish to test out with others within one or more of the localities.
- ii. For applications from individuals, you will need to provide us with details of a business or charity bank account for the grant to be paid into.
- iii. We recognise that investing in small or new groups may involve some additional risk. However, we want to include as many new ideas or concepts coming forward as we can as part of the transformation and therefore any successful applicant in this category will be supported by staff from '**Community First Yorkshire**' to mitigate any identified risks including developing the policies and procedures outlined in 7a above. NB: This will form part of the grant conditions.

8. How to Apply

All applications for Large Grants must be made on the **Access and Connect Fund Application Form**.

All applications for Small Grants should be made on the **Access and Connect Fund Expression of Interest Form**.

Applications should be submitted by 23:59 hours on **20th November 2022**. The applications will then be evaluated by a panel comprising representatives from Humber and North Yorkshire Care Partnership, Tees, Esk and Wear Valley NHS Foundation Trust, (including People with Lived Experience) Community First Yorkshire, an independent out of area VCSE sector organisation and NYCC Stronger Communities.

We are aiming to notify applicants regarding the outcome of their application by **30th November 2022**.

All completed applications should be submitted to tewv.transformationnyy@nhs.net

If you would like further information about the Access and Connect Fund or would like to discuss the submission of an application, please contact:

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